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Chifley NSW 2036
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12 September 2018

Chifley Public School Mission Statement

Chifley Public School is committed to the pursuit of excellence and the provision of equitable, high quality educational opportunities.

FROM THE PRINCIPAL'S DESK



BOOK WEEK - BOOK PARADE & GREAT BOOK SWAP

The Book Parade holds a significant place in our school calendar each year. It is a time to recognised the power of books and the critical nature of literacy

in our lives. It is also an opportunity to have a little bit of fun, explore our imagination and express our creativity. It was lovely to see the level of parental support on the day and an enormous thank you to all our local preschools who were also able to join us to celebrate the *treasure* we can all find in reading.

A big well done to our students for their generous support of the Great Book Swap and helping raise funds to lift the literacy outcomes of Indigenous Australians living in remote and isolated regions.

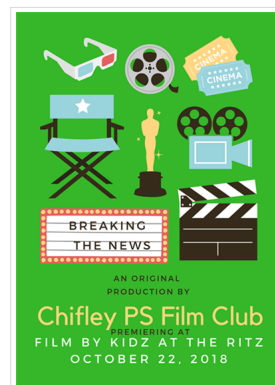
Particular mention goes to Mr Lewis and Mrs Tyler for their organisation and contribution to a fabulous school event.

A picture is worth a thousand words!



BREAKING NEWS – CPS FILM CLUB WALKING THE RED CARPET

The CPS Film Club is one of many of co-curricular enrichment opportunities available to our students. Congratulations to the Film Club who will be “dressed as a star” and walking the red carpet after the successful inclusion of their film **Breaking the News** in the **2018 Film by Kidz at the Ritz Festival**. This is a fabulous accomplishment and we are all looking forward to attending the evening premiere at The Ritz Cinema in Randwick on Monday 22nd October. An enormous thank you goes to Mrs Tyler for ensuring that our students are exposed to opportunities to display their talents as part of the Film Club.



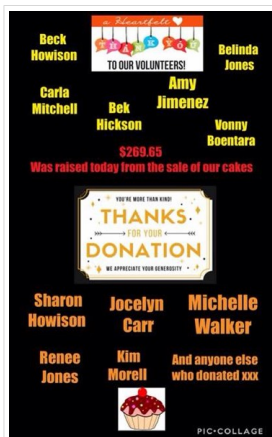
DYMOCKS & DYMOCKS CHILDREN'S CHARITIES – LIBRARY REGENERATION

I would like to thank **Dymocks Broadway Store** for their very generous support of CPS; we are absolutely thrilled to be the recipient of \$3800 worth of new books for our library. Mr Lewis is extremely excited to be able to enhance our K-6 reading lists with a range of new fiction and non-fiction books. Once again, an enormous thanks to Dymocks and Dymocks Broadway Store.



CPS P&C

Thank you to all of the parents and carers who attended our recent P&C meeting. As usual the meeting covered a broad agenda. We are fortunate to have such an engaged and supportive parent body who make such a positive difference to our school and ensure that we continue to thrive and flourish as a school community. Special thanks also goes to the P&C for running our Father's Day Stall and the Book Week Cake Stall. It's greatly appreciated.



TELL THEM FROM ME (TTFM) - PARENT SURVEY

As mentioned in last fortnight's newsletter, the TTFM parent survey will be conducted between 27 August and 26 October.

Although participating in the survey is entirely voluntary, your responses are very much appreciated. The survey will help our school understand parents' and carers' perspectives on their child's experience at school and will provide valuable feedback on school capacity building.

More information about the survey is available at:

<http://surveys.cese.nsw.gov.au>

To access the survey for our school go to:

<https://nsw.tellthemfromme.com/k86x8>

I urge all our families to participate in the TTFM parent survey. The greater the response the more valid the data.

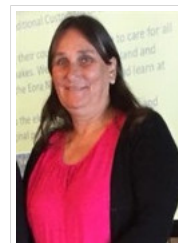
STUDENT AND STAFF ACHIEVEMENTS

Congratulations to:

- Kory who was recognised for his fabulous contribution to both school and community at the 2018 Deadly Kids Awards. We are enormously proud of the achievements of all our students and enormously proud of Kory for receiving this award. Very well done Kory!



- Aunty Pauline who was also recognised at this year's Deadly Kids Awards for her commitment to student, school and community outcomes. Aunty Pauline received an Aunty Fay Carroll Memorial Award. As we are with Kory, we are delighted for Aunty Pauline.
- Congratulations to the following Writers of Term 3; KH - Angeline M, 1/2J Alex P, 1/2K - Abby R, 3S - Aiden O, 4C - Dakota H, 5S - Tamia P and 6W - Shane B.



SAFE TRAVEL

Students at our school receive regular road safety and safe travel reminders. I would ask that this message is also reinforced at home. If children are travelling to and from school independently it is important that:

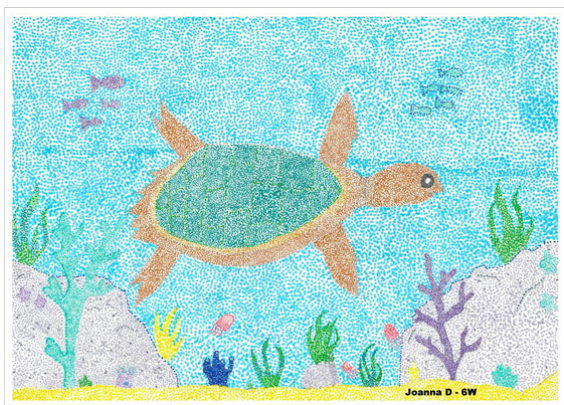
- parents and caregivers know the route being taken each day;

- children are aware of their surroundings and walk with a friend;
- children walk straight to school in the morning and straight home in the afternoon; and
- children don't talk to strangers and confident using "No, Go, Tell".

Education is a shared journey and as Principal of Chifley PS, I believe in strong educational partnerships. My office door is always open if you would like to discuss any issue regarding your child's education.



David North
Principal
Chifley Public School



Artwork by Joanna D in 6W

SPORTS NEWS

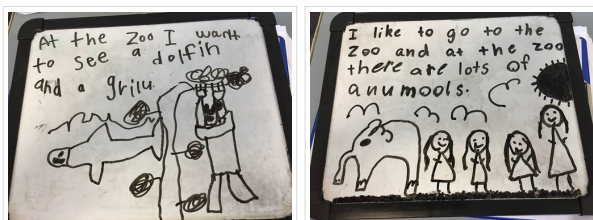
Unfortunately, PSSA sport was cancelled due to the predicted storm.

Have a look at the wonderful exercise programme that was held in the hall for sport on Friday.



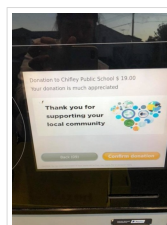
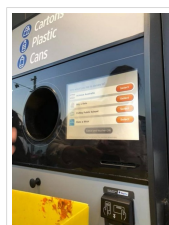
KINDERGARTEN WRITING

Look out for photos of the Taronga Zoo Excursion in our next newsletter. Students in Kindy have been writing about going to the zoo.



RETURN AND EARN

Chifley Public School will be featured on the Return and Earn Reverse Vending Machine from Monday 27th August through to November 25th at Malabar, Randwick Golf Club. We'd love you to share this post with friends and family so they too can support our wonderful school.



A REMINDER

- If you would like to be part of your child's class communication group, please email your class parent representative and please do not hesitate to contact me if you have any questions.
- If you are able to contribute as a school volunteer please contact your child's teacher, your class parent representative or the office. If you are not already doing so, a great way to start is involvement our reinforced reading programme each morning.
- To improve safety controls around our school, Randwick City Council has advised that they will be undertaking work to install a 50m zone "P10 8:30am – 9:30am and 2:30pm – 4:00pm School Days Only" on the south side of Burke St starting 76m east of Mitchell St.

1/2J CHICK HATCHING PROGRAMME

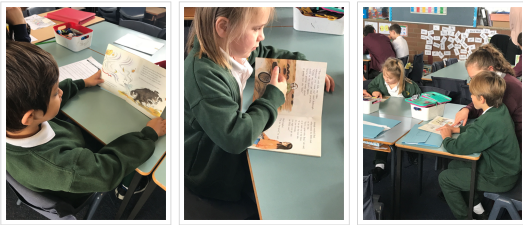
Our chicks grew so fast over the two weeks we had them. We are pretty sure they were boys as their tail and wing feathers were only just starting to grow. The girl chicks usually have their wing feathers when they are born. The chicks have now gone to live on a farm.



K-2 REINFORCED READING

We are very lucky to have students from Emmanuel School come and read with us once a fortnight, along with our wonderful Social Justice Volunteers who come every week, some even come every day, along with our amazing parents and carers who participate in reading groups. We really appreciate and value the time given to us to listen to students read. Evidence shows that reading 20 minutes a day has a huge impact on learning outcomes now and for future learning.

Parents and carers are always welcome to participate in reading groups. Please see your class teacher if you would like to join us for reading groups.



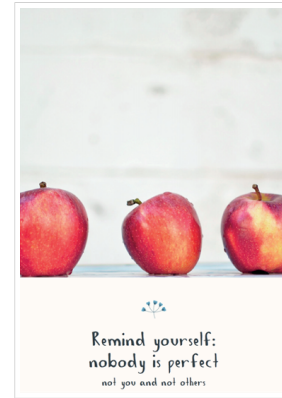
GROW YOUR MIND



Heard of Bounce Back? Grow Your Mind loves Bounce Back and really loves this message from them. Often we don't try something just because we think we aren't good enough. But, nobody is perfect!

Wellbeing tip:

#1 Remind yourself of the above the next time you make a mistake!



WORD OF THE WEEK

Word of the Week takes place in classes 1-6. It is an explicit approach to vocabulary development and is integrated into the writing process. Years 1 & 2 select their best word as a group lesson.



Class	Word W7	
1/2K	Spooky	
1/2J	Galled	
Class	Word W7	Student
3S	Modesty	Lily-Rose C
4C	Outdoor	Ethan B
5S	Hideous	Tahlia T
6W	Invigilate	Natasha R

WASTE FREE WEDNESDAY

Well done to 1/2J who last Wednesday had zero waste for landfill.

Luc, Luke, Alex, Caprice, Elodie, Jonas, Elise, Shiana, Mia, Kathy and Jeniver were all waste warriors who brought reusable containers for their crunch and sip, recess, lunch and drinks.

ENVIRONMENT REPORT

On Tuesday, students in K-2 went on an excursion to Taronga Zoo. The Zoo is committed to wildlife and there are things that we can do to help as well. At Chifley Public School we are committed to Litter Free Oceans but we all need to work together to help our marine life. Here is how to start – small changes can make a big impact.

Spring is here!

Time to declutter your life of plastic



If you feel like single use plastics are still in your life more than you would like then this is a great time to spring clean your disposable habits. Leave that stuck feeling behind with our handy tips to kick start the season.

One room at a time

We know you're already bringing your reusable bags to the shops, and use a reusable coffee cup that is just right for you, but there's also lot's to do at home.

Trashless Takeaway

A couple of clever Tasmanians have developed an amazing website that maps takeaway shops that let you BYO container (some even offer a discount for it!). Check out the website to see which of your local shops are signed up. Why not encourage more of your favourite local takeaways to join up too?

How To Replace Single-use Plastic in your Bathroom



Marine life globally is threatened by plastic rubbish floating in their underwater home.

In just over twenty years, it is predicted that there will be more plastic in the ocean than fish and that every seabird on the planet will have ingested plastic. However, every day, we can be the solution to plastic pollution simply by changing our own lifestyles.

The first step we can take is to refuse disposable items like take-away coffee cups, straws, water bottles and plastic bags.

The next step is to take a look at other areas of our lives and see if there are any old habits we can change. Our kitchens and bathrooms can be a minefield for single-use plastic. It can seem like every item in your bathroom is covered in the stuff, but there are alternatives available if you know where to look!

Avoid products containing microbeads.

Microbeads are tiny beads of plastic added to facial washes and cleansers to exfoliate skin. These tiny pieces of plastic wash down our drains, eventually heading into our waterways where they are the perfect size for a fish to eat. It is difficult to tell what products contain microbeads as they are never listed as such, usually you will find them on the ingredients panel listed as 'polyethylene'.



If you are unsure if a product contains microbeads or not, try this app, which lets you scan barcodes and will tell you if it contains microbeads!

If you are after an exfoliator for your body that will leave you smelling fine, mix ground coffee beans with a pinch of cacao and a small amount of raw sugar and coconut oil.

Switch to solid bars over bottles

Choosing to purchase a bar of soap over a bottle of hand wash is an easy win – but what about our plastic bottles of shampoo or conditioner?

When we purchase a bottle of shampoo or conditioner, we are actually buying a product that is around 80% water! Most bulk stores sell cleaning and beauty products, so you can take old shampoo and conditioner containers and refill them instead of buying brand new bottles.

Alternatively, solid body bars are concentrated versions of the body products that we normally buy in a bottle, so they last longer and do not come packaged in plastic. Ethique is a great locally made brand with a huge variety of products.



Brush with bamboo

Opt for a bamboo toothbrush over a plastic one. Once it is time for your bamboo brush to be replaced, you can just put the handle in your household compost.

You can also purchase bamboo hairbrushes, however if you've got a plastic one already, keep using that – it's always better to use what we have rather than buying something new.

Make your own

Deodorant normally comes in a plastic roll-on container or in an aerosol can. You can switch these for a paste version that comes packaged in cardboard, or even try making your own.

It is not just deodorant you can make yourself. You can find recipes for dry shampoo, moisturiser and facial scrub online that use simple ingredients you probably already have in your kitchen cupboard.

By making a few changes like these in our lives, we can be the solution to plastic pollution that marine wildlife needs.

At Taronga, we believe that wildlife and people can share this planet. However, right now, wildlife globally is under threat and they need your help more than ever. Find out more about how you can take action for our oceans [here](#).



COLGATE COMMUNITY GARDEN CHALLENGE

Thank you to all those families who have donated their used toothbrushes and toothpaste tubes for recycling. To earn extra points for our school in the challenge simply follow the link below and vote for Chifley Public School.

<https://www.terracycle.com.au/en-AU/contests/colgategarden-voting>

Please continue to drop your oral care waste in the box outside Room 13. The challenge continues until October 31st.



JUMP ROPE FOR HEART

A big thank you to those amazing 16 (at last count) students who have registered online and are actively raising money for the Heart Foundation. These 16 students have raised \$1622! We encourage all families to register online and raise money for this important organisation.

It is important you [register your child online](#), so they can receive the full benefits of the program and participate in online fundraising, simply follow the link below to get started.

https://jumprope.heartfoundation.org.au/2018/Chifley_Public_School_-_CHIFLEY_NSW_-_137591?utm_medium=Email&utm_source=ExactTarget&utm_campaign=

or

<https://jumprope.heartfoundation.org.au/register>

Students K-2 will be skipping Tuesday and Thursday after lunch and during sport on Friday. Students 3-6 will be skipping throughout the term in PE lessons. K-6 will also have the opportunity to skip during their lunch break. During this time, you can share student's online fundraising page with family and friends to help raise money for this great cause.

We will hold our school **Jump Off Day** on *Friday, 21st September (Week 9)*. This will mark the end of the program and is a chance for everyone to come together to skip and show off their newly learned skills.

Here is an inspiring story to think about why it is important to raise money to help other people and the impact fundraising can have.

This story is about our Jump Rope Hero named Scarlet.

My name is Scarlet and I'm 8 years old. My lungs were going to my heart.

Last year, I was diagnosed with a heart condition called anomalous pulmonary venal connection, which means that some blood that was meant for

I had to get my heart fixed quickly, so I went to Melbourne to have a big operation at the Royal Children's Hospital. It was scary, but the doctors and nurses did an amazing job. Now I'm all better, I want to help other people who have sick hearts.

That's why I love Jump Rope for Heart. I get to raise money to fight heart disease and have fun too. Last year I was the highest fundraiser at my school in Tasmania. I raised \$1,845.90 of my school's \$6,630 gift to the Heart Foundation.

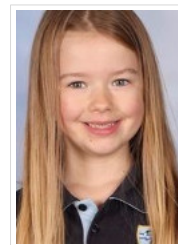
I hope your students enjoy their skipping as much as I do!

Skipping Scarlet

Stories like this remind us why Jump Rope for Heart is so important. Our school's fundraising will help other kids like Scarlet live life to the fullest.

As a proud school community, we care about others and ourselves.

That is why we are excited to be part of Jump Rope for Heart 2018. Jump Rope has been getting little Aussies active and raising funds to fight heart disease for 35-years.



In that time, a lot has changed, but Jump Rope remains as relevant as ever, because today:

- 1 in 4 children (aged 5-17) are overweight or obese
- 80% don't get the daily recommended 60 minutes of vigorous physical activity
- Heart disease is Australia's biggest killer.

We can do something about it...right here! On our school page you can:

- help a student set up a fundraising page
- make a donation
- follow our school's progress
- share our success.

Please – watch this space – as our students have fun, learn new skills and improve their heart health...all while demonstrating their compassion and community spirit.

For any students who raise more than \$500 online there is a competition to win a party. See the link below for more details.

https://www.heartfoundation.org.au/jump-rope-for-heart/competitions%20?j=4125936&e=louise.jreige@det.nsw.edu.au&l=143_HTML&u=131705511&mid=7003840&jb=1&utm_medium=Email&utm_source=ExactTarget&utm_campaign=

Heart Foundation

Jump Rope for Heart

HARVEST HUB

We are looking for expressions of interest to join a Harvest Hub at Chifley Public School.

Harvest Hub is a Social Enterprise connecting the grower with the end user, you, by offering freshly picked seasonal produce & groceries to local Food Hubs across Sydney. Most produce is grown in the Sydney Basin by small non-industrialised growers. There is a range of pesticide-free, organic, some mainstream produce and groceries.

We distribute the produce through an expanding network of Food Hubs that empower communities to take control of their food supply reducing packaging, food miles, chemical inputs and their reliance on big supermarkets.

What do I get?

We offer a seasonal bag with the freshest fruits and vegetables in three sizes. Each bag can be fully customised:



- Small Bag is approx. \$35 - \$39 and will suit 1-2 people
- Medium Bag is approx. \$45 - \$49 and is enough for 3-4 people
- Large Bag is approx. \$55 - \$59 and will feed 5-6 people
- Or set up a Custom Order from scratch

Check out this week's bag and specials. Alternatively, check out our full range of products.

All bags can be personalised by adding and removing produce.



Regardless of the order type, the minimum order value is \$20 (across all products).

How does it work?

The process is simple:

We need seven families to start our own hub. Orders are placed online and delivered to the school where they are packed ready for you to collect.

Please see the Harvest Hub website for further details.

<https://harvesthub.com.au/index>

We are looking at a weekly delivery. (The delivery day is yet to be determined). If you are interested in joining the Chifley Public School Hub, please see Mrs Jreige or email the school your interest in joining at chifley-p.school@det.nsw.edu.au

Once we have at least seven families interested and committed to becoming a member the hub will be created.

Each Saturday at 8am

Harvest Hub will publish what is in the bag for the week ahead and publish specials and new products, as well as a newsletter and recipes for the week so you can plan ahead. Value Bag prices are locked in for the week. Orders close 2 days prior to your pick-up day.

On your pick-up day

Collect your order from school (payable at registration). Ordering fortnightly or suspending a bag (up to 8 weeks at a time) can be done online.

Why Harvest Hub?

Harvest Hub is changing the way you purchase food

Good for you

- Eat fresh seasonal produce
- Mostly Pesticide free
- Cheap flexible convenient
- Bags - Set & Forget or customise
- Pause any time

Good for everyone

- Supports local farmers
- Low Food Miles
- Reduced packaging
- In any given year Harvest Hub donates to families in distress over 30,000kgs

Join Harvest Hub: buy local and eat great food that doesn't cost the earth.

FRUIT AND VEG'TEMBER

Fruit & Veg Month 2018 – 'Happy Fruit & Veg'tember!' student competition

As part of Fruit & Veg Month, Healthy Kids Association has created a writing and drawing competition for students.

To promote the theme of 'Happy Fruit & Veg'tember!' students are asked to write about a fruit or vegetable that makes them feel happy.

One student entry from each primary school year (K-6) will win a \$50 book voucher.



Selected entries may be published in Healthy Kids Association digital and print communications. Entries will be de-identified before publishing.

Entry forms will be provided to students at school. Completed entries will be collated by the school prior to the end of Term 3. If you have any questions or queries about the competition, please contact your child’s teacher.

<https://healthy-kids.com.au/teachers/fruit-veg-month/happy-fruit-vegetable-family-challenge/>



On Tuesday 18th September we will be having a “2 Fruits and Custard” day. Only \$1 if you bring your own cup/small container and spoon, and \$1.50 if no container. They will be sold at recess and lunch.



L. Jreige, Fruit & Veg Month School Coordinator

SCHOOL ASSEMBLY NEWS

School assemblies in Term 3 will be held on Fridays from 10-10:30am in the hall.

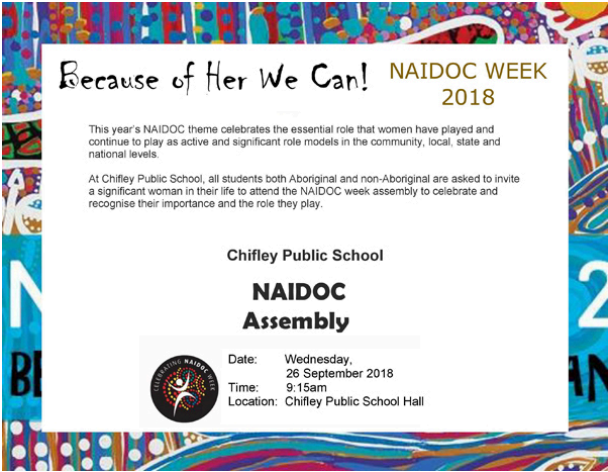


Our Athletics Champs

Some photos of our recent assembly and awards that were presented on the day.



Week 8	14 September	Choir performance
Week 9	21 September	Drama performance
Week 10	26 September – Wednesday	9:15 - Naidoc – Didj & Dance Because of Her We Can



THANK YOU

A very big thank you to Angeline’s parents who are hosting our Year 6 Formal Graduation Dinner at their Restaurant, Green Olive Café & Restaurant, at the end of the year. Thank you so much for your support.

If you are looking for a great place to eat or to grab a coffee, we highly recommend the Green Olive Café & Restaurant; you will find them at 1 Pine Avenue, Little Bay. They are open Monday & Tuesday 7am – 5pm, Wednesday to Saturday from 7am until late and Sundays from 8am until late.



An enormous thanks goes to Mayor Lindsay Shurey and Randwick City Council for their support and hard work towards our Mitchell Street Regeneration Programme.



FROM THE OFFICE

LUNCH ORDERS

Please ensure that you have your lunch order written on a paper lunch bag with your child's name, class and correct amount of money inside the bag. All lunch orders must be handed in to the office before 9:30am.



PAYMENTS

Cash and cheque can be sent to school and given to your class teacher or can be directly dropped off at the office. If paying by cash please send the exact amount. Eftpos payments can also be made at the office.

The preferred method of payment is Parent Online Payments through our school website. Parent online payments (POP) provide parents and school debtors with a **secure** payment facility to deposit into the school's account via a credit or debit card. The payment portal is accessed via the school's website and allows parents to pay using either a Visa or MasterCard credit or debit card.

Please visit our school website and click on "Make a payment". Once you fill out the payment details, you have an instant receipt. It is a safe and secure way to pay for school fees, performances and excursions.

<https://chifley-p.schools.nsw.gov.au/>

NEW ENROLMENTS FOR KINDERGARTEN 2019

If any families are intending to enrol siblings for 2019, please come to the office and collect an enrolment form. It is never too early to get all the paperwork started. If you know any families that intend to enrol for next year, please encourage them to start the process as soon as possible in order to assist with orientation arrangements.

YMCA OOSH NEWS



YMCA Little Bay COS OSHC

Available at
Chifley Public Schools

The YMCA is a childsafe organisation, we acknowledge that we are living our safety value for children and young people.

Before + After School Care

We value and respect parents as partners in the care and education of children. Our program follows the National Quality Framework, offering a range of exciting activities that encourages independent learners.

ENROL today to secure your child's place!
ymcansw.org.au/littlebay

0407 184 899 - 0437 004 871
oshc.littlebay@ymcansw.org.au

YMCA NSW
EMPOWERMENT/HEALTHY LIVING/SOCIAL IMPACT

SAFEGUARDING CHILDREN
YMCA

COMMUNITY NEWS

Sydney
Technical
High School



INFORMATION MORNING

Prospective Year 7 Students 2020

Tuesday 16 October 2018

at 9.15am in the School Auditorium

Sydney Technical High School, established in 1911, has a proud tradition of student achievement. The school prepares young men who are scholarly and socially responsible. Features of the school include languages, music, visual arts, debating, public speaking and sport. Teaching and learning programs feature higher order thinking and are recognised as best practice in gifted education. The school actively promotes an environment in which student welfare, tolerance of others and strong community values support each student reaching his potential.

Enrolments: Students seeking entrance into Year 7 must participate in selection procedures organised by the Department of Education. For further information contact the High Performing Students Unit on 1300 880 367 or email: ssu@det.nsw.edu.au.

SYDNEY TECHNICAL HIGH SCHOOL

686 Forest Road Bexley 2207

www.sths.nsw.edu.au

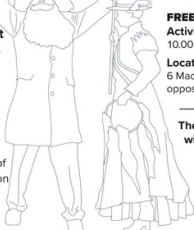
Enquiries to the School: 9587 5899

An Academically Selective School for Boys



Free fun educational activities at Australia's oldest Parliament for children from 4 to 12 years.

Follow the children's trail; enter the guessing competition; participate in the arts and crafts; visit the historic legislative chambers places rarely open to the public. Engage with roving historical characters and celebrate the 100 year anniversary of women becoming eligible for election to parliament and admittance to the legal profession in NSW.



FREE ENTRY
Activities
10.00 am to 3.00 pm
Location
6 Macquarie Street –
opposite Martin Place

The public café
will be open.



FREE ENTRY • All Welcome
E: dps.education@parliament.nsw.gov.au
www.parliament.nsw.gov.au
Parliament of New South Wales,
6 Macquarie Street, Sydney

GROUP BOOKINGS
FOR 10 OR MORE
ESSENTIAL
9230 2047

RUN FOR FUN...BE YOUR BEST!



South Eastern Little Athletics Centre

Who are we?

South Eastern Little Athletics Centre (SELAC) competes at ES Marks Field, on Boronia Street in Kensington.

The 2017/18 season commences
Saturday 22nd September 2018.

We meet every Saturday morning between 8.00am and 11.00am during the Summer Athletics season (September-March).

We are a family oriented club that has many fine athletes including State and Australian champions!

We can help your child

Get fit and have fun.

We offer a well-rounded experience that includes:

- ✓ Fun for athletes from age 4 to 17
- ✓ 'State of the art' facilities
- ✓ A friendly atmosphere that encourages all athletes
- ✓ A full program that includes all field and track events
- ✓ Coaching available for all interested athletes

Don't forget to claim your \$100 Active Kids voucher!

For more information or to register online please go to:

How to register

Visit southeasternlac.org.au

to register and pay online.

Family discounts available.

\$10 off per child for additional children in the same family.

Two week free trial period! (new members only)

Tots and U6: \$130

U7 to U17: \$175

Or attend our registration days

When: 1st and 8th September

Time: 9.00am-11.00am

Where: ES Marks Field, Boronia Street, Kensington

Little
Athletics
=
Fitness
+
Fun!

www.southeasternlac.org.au

ARE YOU INTERESTED IN YOUR CHILD LEARNING MANDARIN?

Enquire Now!

Welcome to learn one of the world's most popular languages and culture in the Eastern Suburbs.

ML Language and Culture School Australia INC

Introduction of Mandarin Lessons at Chifley Public School

Dear Parents, ML Language and Culture School Australia Incorporated is an Eastern Suburbs local community school. We teach pure Mandarin language and Chinese traditional culture, adopting an Australian teaching approach. The teachers have qualifications from Sydney University and have many years experience in teaching students. Currently I hold Mandarin classes for the Randwick and Bayside Council areas, for the Mandarin and Cantonese Libraries and the Mandarin JCC. The students are of all ages.

We are seeking your expression of interest to classes every Saturday, for beginners and advanced students, at Chifley Public School. The classes are for kindergarten to year 12 students and will concentrate on speaking, writing and reading skills as well as learning the Chinese culture. The classes must be available to attend 75% of the lessons.

If you are interested could you please email your preference for lesson times, and how many hours you would like your child to attend, to mengli@mlschool.com.au.

Please do not hesitate to contact me on 0422998631 if you are interested or have any further enquiries.

Meng Li (C.2017)





FREE Parent Information Session
Wednesday
21 November
10am - 12pm

Bookings Essential:
8338 8506
familysupport@secc.sydney
South Eastern Community Connect
Family Support Team

CPR & 1st Aid for Children

Presented by Dr Debbie Perkins, Sydney Children's Hospital

Join us for a parent information session. Topics include: Choking, drowning, sunburn & stings. Learn about CPR (Cardiopulmonary Resuscitation) for children and see a demonstration.

NO CHILDCARE

No Children are allowed in the session.

www.secc.sydney




Saturdays
17, 24 November &
1 December
9-11am
FREE

Bookings Essential:
8338 8506
familysupport@secc.sydney
South Eastern Community Connect
Family Support Team

Dads and Bubs Bonding

Workshop for all dads, grandads and male carers with babies ideally aged 12 months or under

This workshop will cover the practicalities of feeding, settling, sleeping, infant communication, baby massage and infant play. It will help dads, grandads and male carers to gain a basic understanding of infant development as well as exploring what it means to be a father.

Run over 3 consecutive weeks.

NO childcare available.

www.secc.sydney




Saturdays
29 September &
6, 13 October
9-11am
FREE

Bookings Essential:
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familysupport@secc.sydney
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Tuesdays
Eastlakes
Public School
Large Hall

10.00am-12.00pm
During School Terms
\$3 per session & a piece of fruit
Enquiries: (02) 8338 8506

Supported Playgroups

Supported playgroups aim to empower families to support young children's development through participation in a variety of developmentally appropriate play. Supported playgroups are led by qualified early childhood educators and allow families to participate in a range of new activities and experiences.

Our staff are qualified in Blue Book assessments, key word signing, active play and healthy nutrition as well as guest speakers coming regularly. We also have a family worker who attends all our playgroups, if you need that little bit of extra help.

To enquire please contact our Family Support Team on (02) 8338 8506 or email familysupport@secc.sydney

www.secc.sydney





Mondays
Gardeners Rd Public School
 Large Hall
 Entry via smallGate
 Botany Rd near bus shelter—ring doorbell.

10.00am-12.00pm
During School Terms
\$3 per session & a piece of fruit
Enquiries: (02) 8338 8506

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Venue directions on back of flyer




TERM 3
 Fridays
 3 Aug-28 Sept

TERM 4
 Fridays
 26 Oct-7 Dec
\$15 per Term


Enquiries: 8338 8506
familysupport@secc.sydney
South Eastern Community Connect Family Support Team

Mums English Class with Childcare

Learn English with your child! Join our English classes and enjoy half hour of reading, songs and activities with your child.

Please bring a piece of fruit to share and a drink for your child.

www.secc.sydney

Wednesdays
Kensington Park Community Centre
 Hall 1

10am-12pm
During School Terms
\$3 per session & a piece of fruit

Enquiries: 8338 8506
familysupport@secc.sydney
South Eastern Community Connect Family Support Team

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Our staff are qualified in Blue Book assessments, key word signing, active play and healthy nutrition. We regularly have guest speakers, and a Family Worker is available if you need that little bit of extra help.

www.secc.sydney




Tuesdays
6, 13 & 20 November
5.30-7.30pm
FREE
3 week seminar series

Bookings Essential
8338 8506
familysupport@secc.sydney
South Eastern Community Connect Family Support Team

Triple P Seminars Series

Triple P is an approach to parenting that emphasises the positive.

We can Help you:

- Encourage behaviours you like from your child.
- Deal consistently and decisively with problem behaviour.

Every child is different, but sometimes small changes and new ways of doing things can make a big difference to the everyday routine. If you have children between the ages of 2-12 years we have a range of Triple P Positive Parenting Programs to suit your family.

NO CHILDCARE AVAILABLE.

www.secc.sydney





Tuesdays
20, 27 November
10 - 12pm
2 week Group
FREE

Bookings Essential
 8338 8506
 familysupport@secc.sydney
 South Eastern Community Connect
 Family Support Team

You Can Play Too!

Do you want to be more creative in your play with your child? Would you like to learn some new ways to connect with your child by using Positive Parenting (Triple P) techniques?

You Can Play Too! is a workshop for you and your child to connect or reconnect: every developmental stage means changing how you communicate with your child. As your child grows and changes, so does your relationship - discover new ways to make the most of each amazing stage.

Come to our fun and interactive workshop with your 2-4 year old child and play!

2 x 2 hour sessions: structured & unstructured play, relaxation techniques and fun with music!

www.secc.sydney




ages 0-6

we're open

enrol now

1 2 3 FOUR Early Learning Centre

0499 10 33 13 info@123fourclc.com.au

Don't forget to follow us on Facebook and Twitter for more up to date and exciting news!!

<https://www.facebook.com/ChifleyPublicSchool>

<https://twitter.com/ChifleyPS>